

TOTAL WELL-BEING

Now in the Palm of your Hand

24|7
365

A TOTAL WELL-BEING EAP

MIIA Employee Assistance Program (EAP) provides Total Well-Being solutions for organizations and employees by combining high touch services through high tech delivery capabilities. Our Total Well-Being services are available anywhere at anytime to address any problem.

COUNSELING

When overwhelmed with personal, work or life stressors, mental health counseling can be a lifesaver. Our licensed, master's level counselors support you and your family through difficult times providing confidential assistance 24/7. Access EAP counseling via phone, web portal, mobile app, chat, and video.

WE HELP WITH:

- Family Conflict
- Couples/Relationships
- Substance Abuse
- Work/Life Balance
- Depression
- Anxiety
- Parenting
- Stress

Telephone: 1-800-451-1834

Website: www.allonehealth.com/MIIAEAP

MIIA

MASSACHUSETTS
BASED
MEMBER
DRIVEN