

**Farm to School Featuring-
Peaches, Pears, Apples, Tomatoes
and Green Peppers.**



*Jackson School
October 2017*

<p>2 Chicken Tenders Steamed Sweet Corn Sweet Potato/Whole Wheat Roll Fruit/Milk</p>	<p>3 Hamburger or Cheeseburger Sweet Potato Fries Cucumber Wheels Farm /Milk</p>	<p>4 Macaroni and Cheese Steamed Veggies Chilled Fruit/Bean Salad Milk</p>	<p>5 School Made Pizza Cheese Pizza Garden Salad Apple/Milk Free Lunch for all Kindergarten!</p>	<p>6 Fun Bag Lunch Hotdog or Bagel Yogurt Cup Craisins Veggie Juice/Milk 2 choices today!</p>
<p>9 No School Today Columbus Day!</p>	<p>10 No School Today Teacher Training</p>	<p>11 Kayem Lite Hotdog Baked Beans Steamed Corn Fruit/Milk</p>	<p>12 School Made Pizza Cheese Pizza or Pepperoni Garden Salad Fruit/Milk</p>	<p>13 Breakfast Buffet French Toast Sausage/Orange Smiles/Veggie Juice Pancake Syrup/Milk</p>
<p>16 Chicken Tenders Steamed Vegetables/Wheat Roll Chilled Fruit/Milk</p>	<p>17 Soup and Sandwich Grilled Cheese on Whole Wheat and Chicken Noodle Soup Apple Sauce/Carrot Sticks/Milk</p>	<p>18 Tacos Seasoned Hamburg Hard Taco Shells or Lettuce Wraps Cheese/Fruit/Bean Salad Lettuce, Tomato, Salsa, Milk</p>	<p>19 School Made Pizza Cheese Pizza or Pepperoni Garden Salad Fruit/Milk</p>	<p>20 Pizza Power Pack Pizza Bread Mozzarella Cheese and Pepperoni Pizza Sauce and Grapes Milk</p>
<p>23 Kayem Lite Hotdog Steamed Corn Veggie Juice Fruit/Milk</p>	<p>24 Macaroni and Cheese Steamed Veggies Chilled Fruit/Bean Salad Milk</p>	<p>25 Pasta and Meatsauce Or Plain Pasta Steamed Carrots/Veggie Sticks Fruit/Bread/Milk</p>	<p>26 School Made Pizza Cheese Pizza or Pepperoni Garden Salad Fruit/Milk</p>	<p>27 Breakfast Buffet Mini Pancakes Sausage/Orange Smiles/Veggie Juice Pancake Syrup/Milk</p>
<p>30 Hamburger or Cheeseburger Steamed Corn Sliced Tomato/Lettuce Low fat Chips Fruit/Milk</p>	<p>31 Soup and Sandwich Grilled Cheese on Whole Wheat and Chicken Noodle Soup Orange Smiles/Carrot Sticks Halloween Cookie/Milk </p>	<p>1 Nacho Plate Seasoned Hamburg/Baked Chips Lettuce, Tomato, Salsa Chilled Fruit Corn Bread/Milk</p>	<p>2 School Made Pizza Cheese Pizza or Pepperoni Garden Salad Fruit/Milk</p>	<p>30 Yogurt Power Pack Vanilla Yogurt with Sprinkles Animal Crackers Strawberries/Cucumber Wheels Milk</p>

Streamline your lunch payments. Go to Myschoolbucks.com and prepay for your child's lunch. All money stays with your child through 6th grade.

Work while your children are in school. The food service has substitute positions available.

Please contact Judy White at jwhite@plainville.k12.ma.us, 508/699-1329

Lunch is \$2.50 which includes milk.

Daily choices are Pizza, Bagel and Yogurt or Chef Salad!