

Farm to School

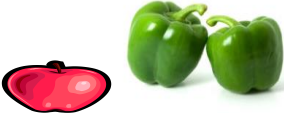


Featuring Local Produce and Fruit



Jackson School

September 2017

Gluten Free

<p>Lunch Prices Lunch Price including milk \$2.50 Milk \$.50 Low Fat White, Low Fat Chocolate</p>	<p>Lunch Price-\$2.50</p>  <p>All GF meals are served with fruit, vegetable and milk</p>	<p>GF Chicken Steamed Sweet Corn Sweet Potato/ Grapes/Milk</p> 	<p>GF Pizza Garden Salad Fruit/Milk</p>	<p>GF Fun Bag Lunch GF Cinnamon Chex or GF Hotdog Craisins, Mango Wango Veggie Juice/Apple/Milk</p>
<p>No School Today</p> 	<p>GF Kayem Lite Hotdog Sweet Potato Fries Orange Smiles/Chocolate Pudding Baked Beans/Milk</p>	<p>Grilled Cheese Steamed Vegetables Chilled Fruit/Milk</p>	<p>Gf Pizza Garden Salad Fruit/Milk</p>	<p>GF Breakfast Buffet GF Chex Cereal Sausage/Orange Smiles Sweet Potato Milk</p>
<p>GF Chicken Steamed Vegetables/ Chilled Fruit/Milk</p>	<p>GF Grilled Cheese Orange Smiles Carrot Sticks/Milk</p>	<p>GF Tacos Seasoned Hamburg Hard Taco Shells or Lettuce Wraps Cheese/Fruit/Bean Salad Lettuce, Tomato, Salsa, Milk</p>	<p>GF Pizza Garden Salad Farm Fresh Red Apples/Milk</p>	<p>GF Breakfast Buffet GF Chex Cereal Warm Ham Slices Chilled Peaches/Farm Apples Sweet Potato Milk</p>
<p>GF Hamburger or Cheeseburger Oven Fries/Steamed Vegetables Fruit/Milk</p>	<p>Grilled Cheese Steamed Veggies Chilled Fruit/Bean Salad Milk</p>	<p>GF Tunafish Sandwich on a GF Hotdog Roll Bag of Chips/Pickles Fresh Apples/Cucumbers Milk</p>	<p>GF Pizza Garden Salad Farm Fresh Red Apples/Milk</p>	<p>GF Fun Bag Lunch GF Cinnamon Chex or GF Hotdog Craisins, Mango Wango Veggie Juice/Apple/Milk</p>
<p>GF Hamburger or Cheeseburger Sweet Potato Fries Sliced Tomato/Lettuce Low fat Chips Farm Apples/Milk</p>	<p>Grilled Cheese Mashed Potato Sweet Corn Yummy Farm Apples Milk</p>	<p>GF Nacho Plate Seasoned Hamburg/Baked Chips Lettuce, Tomato, Salsa Chilled Fruit Milk</p>	<p>GF Pizza Garden Salad Farm Fresh Red Apples/Milk</p>	<p>GF Power Pack Pepperoni and Cheese Tortilla Chips Cucumbers/Grapes Milk</p>

Streamline your lunch payments. Go to Myschoolbucks.com and prepay for your child's lunch. All money stays with your child through 6th grade.

Work while your children are in school. The food service has substitute positions available.

Please contact Judy White at jwhite@plainville.k12.ma.us. Or 508/699-1329

Free and Reduced Lunch Applications are available on the school website www.plainvilleschools.org