


Medical Permission is Required for Gluten Free Menu



Jackson School October 2017

<p>2 GF Chicken Steamed Sweet Corn Sweet Potato/GF Whole Wheat Roll Fruit/Milk</p>	<p>3 GF Hamburger or Cheeseburger Sweet Potato Fries Cucumber Wheels Farm /Milk</p>	<p>4 GF Grilled Cheese Steamed Veggies Chilled Fruit/Bean Salad Milk</p>	<p>5 GF Pizza Cheese Pizza Garden Salad Apple/Milk Free Lunch for all Kindergarten!</p>	<p>6 Fun Bag Lunch GF Hotdog Yogurt Cup Craisins Veggie Juice/Milk</p>
<p>9 No School Today Columbus Day!</p>	<p>10 No School Today Teacher Training</p>	<p>11 GF Kayem Lite Hotdog Baked Beans Steamed Corn Fruit/Milk</p>	<p>12 GF Pizza Garden Salad Fruit/Milk</p>	<p>13 GF Breakfast Buffet GF Cereal Sausage/Orange Smiles/Veggie Juice Milk</p>
<p>16 GF Chicken Steamed Vegetables/GF Wheat Roll Chilled Fruit/Milk</p>	<p>17 GF Grilled Cheese Apple Sauce/Carrot Sticks/Milk</p>	<p>18 GF Tacos Seasoned Hamburg Hard Taco Shells or Lettuce Wraps Cheese/Fruit/Bean Salad Lettuce, Tomato, Salsa, Milk</p>	<p>19 GF Pizza Garden Salad Fruit/Milk</p>	<p>20 GF Pizza Power Pack GF Bread Mozzarella Cheese and Pepperoni Pizza Sauce and Grapes Milk</p>
<p>23 GF Kayem Lite Hotdog Steamed Corn Veggie Juice Fruit/Milk</p>	<p>24 GF Hamburger or Cheeseburger Steamed Veggies Chilled Fruit/Bean Salad Milk</p>	<p>25 GF Hotdog Steamed Carrots/Veggie Sticks Fruit/Bread/Milk</p>	<p>26 GF Pizza Garden Salad Fruit/Milk</p>	<p>27 GF Breakfast Buffet GF Cereal Sausage/Orange Smiles/Veggie Juice Pancake Syrup/Milk</p>
<p>30 GF Hamburger or Cheeseburger Steamed Corn Sliced Tomato/Lettuce Low fat Chips Fruit/Milk</p>	<p>31 GF Grilled Cheese Orange Smiles/Carrot Sticks Chips </p>	<p>1 GF Nacho Plate Seasoned Hamburg/Baked Chips Lettuce, Tomato, Salsa Chilled Fruit Milk</p>	<p>2 GF Pizza Garden Salad Fruit/Milk</p>	<p>30 GF Yogurt Power Pack Vanilla Yogurt with Sprinkles GF Chips Strawberries/Cucumber Wheels Milk</p>

Streamline your lunch payments. Go to Myschoolbucks.com and prepay for your child's lunch. All money stays with your child through 6th grade.

Work while your children are in school. The food service has substitute positions available.

Please contact Judy White at jwhite@plainville.k12.ma.us. 508/699-1329

Lunch is \$2.50 which includes milk.