



*Jackson School
Gluten Free Menu
Medical Authorization Required
October 2018*

*Celebrating National
School Lunch Week
October 15-19*

<p>GF Chicken Steamed Sweet Corn Fruit/Milk</p>	<p>GF Hamburger or GF Cheeseburger Low Fat Chips Cucumber Wheels Farm /Milk</p>	<p>GF Grilled Cheese Steamed Veggies Chilled Fruit/Bean Salad Milk</p>	<p>GF Pizza Cheese Pizza Garden Salad Apple/Milk</p>	<p>GF Fun Bag Lunch GF Hotdog Yogurt Cup/Fruit Veggie Juice/Milk</p>
<p>No School Today Columbus Day!</p>	<p>No School Today Teacher Training</p>	<p>GF Kayem Lite Hotdog Baked Beans Pickles/Steamed Corn Fruit/Milk</p>	<p>GF Pizza Cheese Pizza Steamed Corn/Garden Salad Fruit/Milk</p>	<p>GF Breakfast Buffet GF Cereal Sausage/Orange Smiles/Veggie Juice/Milk</p>
<p>GF Chicken Steamed Vegetables Chilled Fruit/Milk Free Sticker With Lunch</p>	<p>GF Breakfast Buffet GF Cereal Sausage/Apple Sauce/Veggie Juice/Milk Frozen Juice Treat!</p>	<p>GF Kayem Lite Hotdog Steamed Corn Pickles/Veggie Juice Fruit/Milk Surprise Guest Server</p>	<p>GF Pizza Cheese Pizza or Veggie Garden Salad Fruit Strawberry Milk</p>	<p>GF Pizza Power Pack GF Bread Mozzarella Cheese Pizza Sauce and Fruit/Milk Lucky Plate</p>
<p>GF Hamburger or GF Cheeseburger Steamed Corn Veggie Juice Pickles/Low fat Chips Fruit/Milk</p>	<p>GF Taco Tuesday Hard Corn Shells Hamburg, Cheese, Salsa Peppers and Onions/ Bean Salad Fruit/Milk</p>	<p>GF Kayem Lite Hotdog Steamed Carrots/Veggie Sticks Fruit/Milk</p>	<p>GF Pizza Cheese Pizza Garden Salad Strawberries/Milk</p>	<p>GF Breakfast Buffet GF Cereal Sausage/Apple Sauce/Veggie Juice/Milk</p>
<p>GF Chicken Mashed Potato Corn Fruit/Milk</p>	<p>GF Sandwich Grilled Cheese On GF Bread Steamed Veggies/Fruit/Milk</p>	<p>GF Nacho Plate Seasoned Hamburg/Baked Chips Cheese Sauce-low fat Chilled Fruit/Peppers and Onions Milk</p>	<p>GF Pizza Cheese Pizza Garden Salad Steamed Corn/Fruit/Milk</p>	<p>GF Yogurt Power Pack Vanilla Low-fat Yogurt GF Cereal Strawberries/Cucumber/Milk</p>

Streamline your lunch payments. Go to Myschoolbucks.com and prepay for your child's lunch. All money stays with your child through 6th grade.

*Daily Choices are Chicken Patty, Pizza, Chef Salad and Bagel and Yogurt Lunch. \$2.50 which includes milk
Please contact Judy White at jwhite@plainville.k12.ma.us or 508/699-1329 with any questions or comments.*



