





# Farm to School

## Featuring Local Produce and Fruit



# Wood School

## August/September 2018

<p><b>Lunch Prices</b> Lunch Price including milk \$2.50 Milk \$.50 Low Fat White, Low Fat Chocolate All Snacks \$1.25</p> <p><b>Chicken Patty, Garden Salad, Cereal, Pizza, or Bagel Lunch</b></p>	<p>28 <b>Kayem Lite Hotdog</b> Sweet Potato Fries Orange Smiles Baked Beans/Milk</p>	<p>29 <b>Chicken Tenders</b> Steamed Sweet Corn Sweet Potato/Whole Wheat Roll Grapes/Milk</p> 	<p>30 <b>School Made Pizza</b> Cheese Pizza or Pepperoni Garden Salad Fruit/Milk</p>	<p>1 <b>No School</b></p> <p><b>Today</b></p> 
<p>3 <b>No School Today</b></p> 	<p>4 <b>No School Today</b></p> 	<p>5 <b>Breakfast Buffet</b> French Toast Sausage/Orange Smiles Sweet Potato Pancake Syrup/Milk</p>	<p>6 <b>Pasta and Meatsauce</b> Or Plain Pasta Steamed Vegetables Chilled Fruit/Milk</p>	<p>7 <b>School Made Pizza</b> Cheese or Pepperoni Green Salad Chilled Fruit/Milk</p>
<p>10 <b>Chicken Tenders</b> Oven Potato/Steamed Vegetable/Wheat Roll Chilled Fruit/Milk</p>	<p>11 <b>Tuesday Tacos</b> Seasoned Hamburg Hard Taco Shells Cheese/Fruit/Bean Salad Lettuce, Tomato, Salsa, Milk</p>	<p>12 <b>Soup and Sandwich</b> <b>Grilled Cheese</b> <b>Chicken Noodle Soup</b> Fruit/Steamed Vegetable/Milk</p>	<p>13 <b>Italian Sampler</b> <b>Meatballs, Chicken and Mozzarella Sticks</b> Breadstick Fruit Crisp/ Steamed Veggies/Fruit/Milk</p>	<p>14 <b>School Made Pizza</b> Cheese or Bacon Green Salad Chilled Fruits/Milk</p>
<p>17 <b>Hamburger or Cheeseburger</b> Steamed Vegetable Sliced Tomato/Lettuce Low fat Chips Farm Apples/Milk</p>	<p>18 <b>Macaroni and Cheese</b> Steamed Veggies Chilled Fruit/Bean Salad Milk</p>	<p>19 <b>Nacho Plate</b> Seasoned Hamburg/Baked Chips Steamed Corn, Salsa Chilled Fruit Corn Bread/Milk</p>	<p>20 <b>Pasta and Meatsauce</b> Or Plain Pasta Steamed Vegetables Fruit Crisp/Milk</p>	<p>21 <b>School Made Pizza</b> Cheese Pizza or Pepperoni Garden Salad Farm Fresh Red Apples/Milk</p>
<p>24 <b>Chicken Tenders</b> Oven Potato Steamed Vegetables/Wheat Roll Chilled Fruit/Milk</p>	<p>25 <b>Breakfast Buffet</b> Mini Waffles/Sausage Chilled Peaches/Farm Apples Sweet Potato Pancake Syrup/Milk</p>	<p>26 <b>Soup and Sandwich</b> <b>Grilled Cheese</b> <b>Chicken Noodle Soup</b> Fruit/Steamed Vegetables/Milk</p>	<p>27 <b>Roasted Turkey</b> Mashed Potato/Steamed Vegetable/Gravy/Warm Roll Apple Crisp/Milk</p>	<p>28 <b>School Made Pizza</b> Cheese or Buffalo Chicken Garden Salad with Farm Tomatoes Fruit/Milk</p>

**Streamline your lunch payments. Go to [Myschoolbucks.com](http://Myschoolbucks.com) and prepay for your child's lunch. All money stays with your child through 6<sup>th</sup> grade. Work while your children are in school. The food service has substitute positions available. Please contact Judy White at [jwhite@plainville.k12.ma.us](mailto:jwhite@plainville.k12.ma.us) or 508/699-1329**