



# Wood School October 2018

*Celebrating National  
School Lunch Week  
October 15-19*

1 <b>Chicken Tenders</b> Steamed Sweet Corn Sweet Potato/Whole Wheat Roll Fruit/Milk	2 <b>Hamburger or Cheeseburger</b> Sweet Potato Fries Cucumber Wheels Farm /Milk	3 <b>Macaroni and Cheese</b> Steamed Veggies Chilled Fruit/Bean Salad Milk	4 <b>Mini Pancakes</b> Sausage/Sweet Potato Fries Fruit/Syrup/Milk	5 <b>School Made Pizza</b> Cheese Pizza or Bacon Garden Salad/Steamed Corn Apple/Milk
8 <b>No School Today</b>  <b>Columbus Day!</b>	9 <b>No School Today</b>  <b>Teacher Training</b>	10 <b>Chicken Tenders</b> Steamed Vegetables/Wheat Roll Chilled Fruit/Milk	11 <b>Roasted Turkey</b> Mashed Potato/Steamed Veg Gravy/Fruit/Blueberries w/topping/Milk	12 <b>School Made Pizza</b> Cheese Pizza or Pepperoni Garden Salad Fruit/Milk
15 <b>Kayem Lite Hotdog</b> Baked Beans Steamed Vegetables Fruit/Milk <b>Free Sticker With Lunch</b>	16 <b>Breakfast Buffet</b> Mini Waffles Sausage/Apple Sauce/Veggie Juice/Pancake Syrup/Milk <b>Frozen Juice Treat!</b>	17 <b>Hamburger or Cheeseburger</b> Steamed Corn Veggie Juice/Low fat Chips Fruit/Milk <b>Coffee Milk</b>	18 <b>Soup and Sandwich</b> <b>Grilled Cheese/Chicken Noodle</b> Carrot Sticks/Fruit/Milk  <b>Strawberry Milk</b>	19 <b>School Made Pizza</b> Cheese Pizza or Buffalo Chicken Garden Salad Blueberries with topping <b>Lucky Plate Day!</b>
22 <b>Chicken Tenders</b> Steamed Vegetables/Wheat Roll Chilled Fruit/Milk	23 <b>Taco Tuesday</b> Hard Corn Shells Hamburg, Cheese, Salsa Peppers and Onions/Bean Salad Blueberry w/topping/Milk	24 <b>Pasta and Meatsauce Or Plain Pasta</b> Steamed Carrots/Veggie Sticks Fruit Crisp w/topping/Milk	25 <b>Chinese Lunch</b> <b>Mandarin Chicken</b> Whole Grain Rice/Pineapple Chunks Steamed Veggies/Milk	26 <b>School Made Pizza</b> Cheese Pizza or Bacon Garden Salad/Steamed Corn Strawberries with topping/Milk
29 <b>Popcorn Chicken</b> Mashed Potato Gravy/Corn Fruit/Bread/Milk	30 <b>Soup and Sandwich</b> <b>Grilled Cheese on Whole Wheat and Chicken Noodle Soup</b> Steamed Veggies/Fruit/Milk	31 <b>Nacho Plate</b> Seasoned Hamburg/Baked Chips Cheese Sauce-low fat Chilled Fruit/Veggie Sticks Halloween Cookie/Milk	1 <b>Yogurt Power Pack</b> Yogurt w/Sprinkles Animal Crackers/Fruit Carrot Sticks/Milk	2 <b>School Made Pizza</b> Cheese Pizza or Meat lovers Garden Salad/Steamed Corn Blueberries with topping/Milk

**Streamline your lunch payments. Go to [Myschoolbucks.com](http://Myschoolbucks.com) and prepay for your child's lunch. All money stays with your child through 6<sup>th</sup> grade.**  
Daily Choices are Chicken Patty, Pizza, Chef Salad, Cereal Lunch or Bagel and Yogurt Lunch. \$2.50 which includes milk Snacks are \$1.25  
Please contact Judy White at [jwhite@plainville.k12.ma.us](mailto:jwhite@plainville.k12.ma.us) or 508/699-1329 with any questions or comments.

