

**Plainville Public  
Schools-Gluten Free  
Medical Permission Required**



**Wood School  
January 2019**

<p><i>Daily Choices</i> <b>Lunch Price \$2.50 which includes milk</b></p>		<p><b>GF Chicken</b> Steamed Carrots/Bean Salad Chilled Fruit/Milk</p>	<p><b>GF Wood Sampler</b> Chicken, Meatballs Carrot Sticks, Pears, Milk</p>	<p><b>GF Pizza</b> Cheese Green Garden Salad Chilled Pears/Milk</p>
<p><b>GF Hamburger or Cheeseburger</b> Oven Potato, Pickles Cucumber Wheels Strawberries/Milk</p>	<p><b>GF Grilled Cheese</b> Bean Salad, Carrot Sticks Fruit, Milk</p>	<p><b>GF Chicken</b> GF Bread Celery Sticks Fruit/Milk</p>	<p><b>Breakfast Buffet</b> GF Cereal Sausage/Apple Sauce/Veggie Juice/Cucumber Wheels/Syrup/Milk</p>	<p><b>GF Pizza</b> Cheese or Pepperoni Green Garden Salad Fruit/Milk</p>
<p><b>GF Hotdog</b> Steamed Carrots Cucumber Wheels/Fruit/Milk</p>	<p><b>GF Chicken</b> Brown Rice, Steamed Broccoli Vegetable Sticks/Fruit/Milk</p>	<p><b>GF Grilled Cheese</b> Steamed Veggies/Chilled Fruit/Milk</p>	<p><b>GF Hamburger or Cheeseburger</b> Oven Potato, Pickles Cucumber Wheels Strawberries/Milk</p>	<p><b>GF Pizza</b> Green Garden Salad Chilled Pears/Milk</p>
<p><b>MLK Day</b>  <b>No School Today</b></p>	<p><b>No School Today</b> <b>Professional In-Service</b></p>	<p><b>Gf Kayem Lite Hotdog</b> Baked Beans Steamed Carrots Fruit/Milk</p>	<p><b>GF Chicken</b> Mashed Potato Steamed Corn Fruit/Milk</p>	<p><b>GF Pizza</b> Buffalo Garbanzo Beans Green Garden Salad Fruit/Milk</p>
<p><b>GF Chicken</b> Steamed Carrots Oven Potato/Fruit/Milk</p>	<p><b>GF Meatball Sub</b> Steamed Corn Parmesan Cheese Veggie Sticks/Fruit/Milk</p>	<p><b>GF Grilled Cheese</b> Celery Sticks with Ranch Dip Syrup, Orange Smiles/Milk</p>	<p><b>GF Build Your Own Wrap</b> Tuna fish or Chicken Salad Lettuce, Tomato, Cucumbers Pickles, Fruit, Milk GF Bread/Chips</p>	<p><b>GF Pizza</b> Bean Salad/Green Garden Salad Chilled Peaches/Milk</p>

**Streamline your lunch payments. Go to Myschoolbucks.com and prepay for your child's lunch. All money stays with your child through 6<sup>th</sup> grade.  
Please Contact Judy White at [jwhite@plainville.k12.ma.us](mailto:jwhite@plainville.k12.ma.us) or 508/699-1329 with any questions.  
Plainville Public Schools is an equal opportunity employer.**